A Message

Posted by LeslieAValentin - 28 Jul 2011 18:34

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Another year has passed. Reflections of what is to come, what has gone by and where we are now. Wisdom, I've learned, is what you gain from your experiences to move forward in the lessons of life. And, more often than not, it takes half of a lifetime at least to truly see the message that was so very clear once upon a time.

Listen to your inner voice. Trust in yourself enough to make the decisions you need to choose. Stop fretting as to whether or not your meeting the approval of others. They do not have to live with your actions or choices; only you do.

Self-doubt will only hinder your journey. Review your priorities. The bump in the road will only turn into a crater if you you choose to dig yourself into worry.

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